

Health for
Under 5s

NHS
Leicestershire Partnership
NHS Trust

For healthy happy **early years**

A wealth of information and advice from health professionals,
supporting families from pregnancy through to pre-school

Pregnancy

Baby

Toddler

For You

Pre-school

www.healthforunder5s.co.uk

Follow us:  HealthforU5s  @HealthforU5s

 ChatHealth

Text a public health nurse (health visitor)
for confidential advice and support:

Leicester City

 **07520 615381**

Leicestershire & Rutland

 **07520 615382**

Or ring our advice line to speak
to a public health nurse:

 **0300 3000 007**

(not for appointments)



Disclaimer: All texts are confidential however we might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm, Monday to Friday excluding bank holidays. If you need help before you hear back from us please contact your nearest Walk-in Centre, GP or call 111. In an emergency call 999. Our text number does not receive voice calls or MMS picture messages. To prevent the health professional from sending messages to you, text STOP to the number. Messages are charged at your usual rate.